

AUFGUSS & SCRUB SESSIONS

12:00 Scrub Session in the Steambath

(Moenia - Nude)

15:30 Aufguss in the Castle Sauna

(Moenia - Nude)

16:00 Scrub Session in the Steambath

(Curia - Bathing suit)

16:30 Scrub Session in the Steambath

(Moenia - Nude)

18:00 Aufguss in the Kelo Sauna

(Curia - Bathing suit)

19:30 Aufguss in the Mine Sauna

(Moenia - Nude)

20:30 Aufguss in the Castle Sauna

(Moenia - Nude)

21:30 Scrub Session in the Steambath

(Moenia - Nude)

Daily extras

13:30 & 18:30 Singing Bowls sessions in the Silence bar

(Moenia - Nude) Register beforehand on the paper in the thermal baths

14:30 & 17:00 Halo Therapy in the Salt Chamber

(Register beforehand on the paper between scanner 2 & 3)

Every Thursday

19:00 Banja Ritual in the Steambath (Moenia - Nude)

Every Friday & Saturday

22:30 Aufguss in the Salt Stone Sauna (Moenia - Nude)