

AUFGUSS, SCRUB, RELAXATION & RITUALS



**INTENSE
AUGUSS**



RITUALS



RELAX

	12:00	Soul session in the relax room	(Garden - Aquarius - Nude)
	13:00	Self Scrub (only salt, no session)	(Sabai - Swimsuit)
	13:30	Scrub session in the steambath	(Aquarius - Nude)
	14:00	Halo therapy in the Salt Chamber	(Register at reception)
	15:30	Aufguss in the Kelo Sauna	(Aquarius - Nude)
	16:30	Mushara in the African Sauna	(Aquarius - Nude)
	18:00	Singing bowls meditation	(Relax room - Garden)
	18:30	Herbal Scrub in the steambath	(Aquarius - Nude)
	19:00	Aufguss in the Sauna Mediterrana	(Sabai - Swimsuit)
	19:15	Halo therapy in the Salt Chamber	(Register at reception)
	20:30	Aufguss in the Kelo Sauna	(Aquarius - Nude)
	21:30	Mushara in the African Sauna"	(Aquarius - Nude)

ENKEL IN HET WEEKEND / UNIQUEMENT LE WEEK-END / WEEKENDS ONLY



17:30 **Meditation & aromatherapy in the Tibet Sauna**
(Aquarius - Nude)