

# AUFGUSS, SCRUB, RELAXATION & RITUALS



INTENSE  
AUGUSS



RITUALS



RELAX

|                                                                                    |       |                                           |                            |
|------------------------------------------------------------------------------------|-------|-------------------------------------------|----------------------------|
|    | 12:00 | <b>Soul session in the relax room</b>     | (Garden - Aquarius - Nude) |
|   | 13:00 | <b>Self Scrub (only salt, no session)</b> | (Sabai - Swimsuit)         |
|  | 13:30 | <b>Scrub session in the steambath</b>     | (Aquarius - Nude)          |
|  | 14:00 | <b>Halo therapy in the Salt Chamber</b>   | (Register at reception)    |
|  | 15:30 | <b>Aufguss in the Kelo Sauna</b>          | (Aquarius - Nude)          |
|  | 16:30 | <b>Mushara in the African Sauna</b>       | (Aquarius - Nude)          |
|  | 18:00 | <b>Singing bowls meditation</b>           | (Relax room - Garden)      |
|  | 18:30 | <b>Herbal Scrub in the steambath</b>      | (Aquarius - Nude)          |
|  | 19:00 | <b>Aufguss in the Sauna Mediterrana</b>   | (Sabai - Swimsuit)         |
|  | 19:15 | <b>Halo therapy in the Salt Chamber</b>   | (Register at reception)    |
|  | 20:30 | <b>Aufguss in the Kelo Sauna</b>          | (Aquarius - Nude)          |
|  | 21:30 | <b>Mushara in the African Sauna</b>       | (Aquarius - Nude)          |

GELIEVE 5 MIN OP VOORHAND AANWEZIG TE ZIJN. DE SESSIE BEGINT STIPT OP HET AANGEGEVEN UUR.  
VEUILLEZ VENIR 5 MIN À L'AVANCE, LA SÉANCE COMMENCE À L'HEURE MENTIONNÉE.  
PLEASE BE HERE 5 MIN BEFOREHAND. THE SESSIONS STARTS AT THE HOUR MENTIONED.